Track: 2017-08-05 Monte Velino via Direttissima — **Date: 05/08/2017**

Track: 2017-08-05 Monte Velino via Direttissima	**IBP = 171 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	14.79 Km
Analyzed distance	14.79 Km
Lineal distance	0.03 Km

Accumulated climb	1755.3 m
Accumulated descent	1678.87 m
Maximum height	2469.39 m
Minimal height	858.11 m
Climb rate	25.96 %
Descent rate	21.17 %
Positive climb difference per	118.68 m
Negative descent difference per	113.51 m

Total time	6:21:48 h
Time in movement	5:01:50 h
Stopped time	1:19:58 h

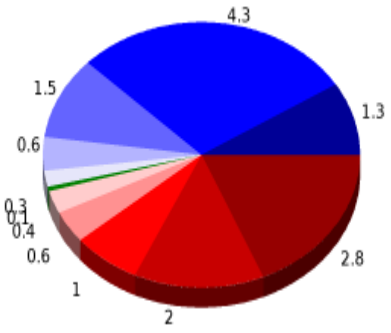
Total speed average	2.32 Km/h
Average speed in movement	2.94 Km/h
Maximum held speed	6.76 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	3154 (cad. 4.69 m)
Significant points	453 (cad. 32.72 m / 14.36 %)
Aberrant points	1024 (32.47 % d. total)

Direction changes per	15.48
Direction changes >5º per	12.51
Accumulated straight stretches	1.696 Km
Straight stretches per	114.67 m
Penalizables slope changes	9
Penalizables slope changes per	0.609

Find The Best bike routes
cicloide
www.cicloide.com

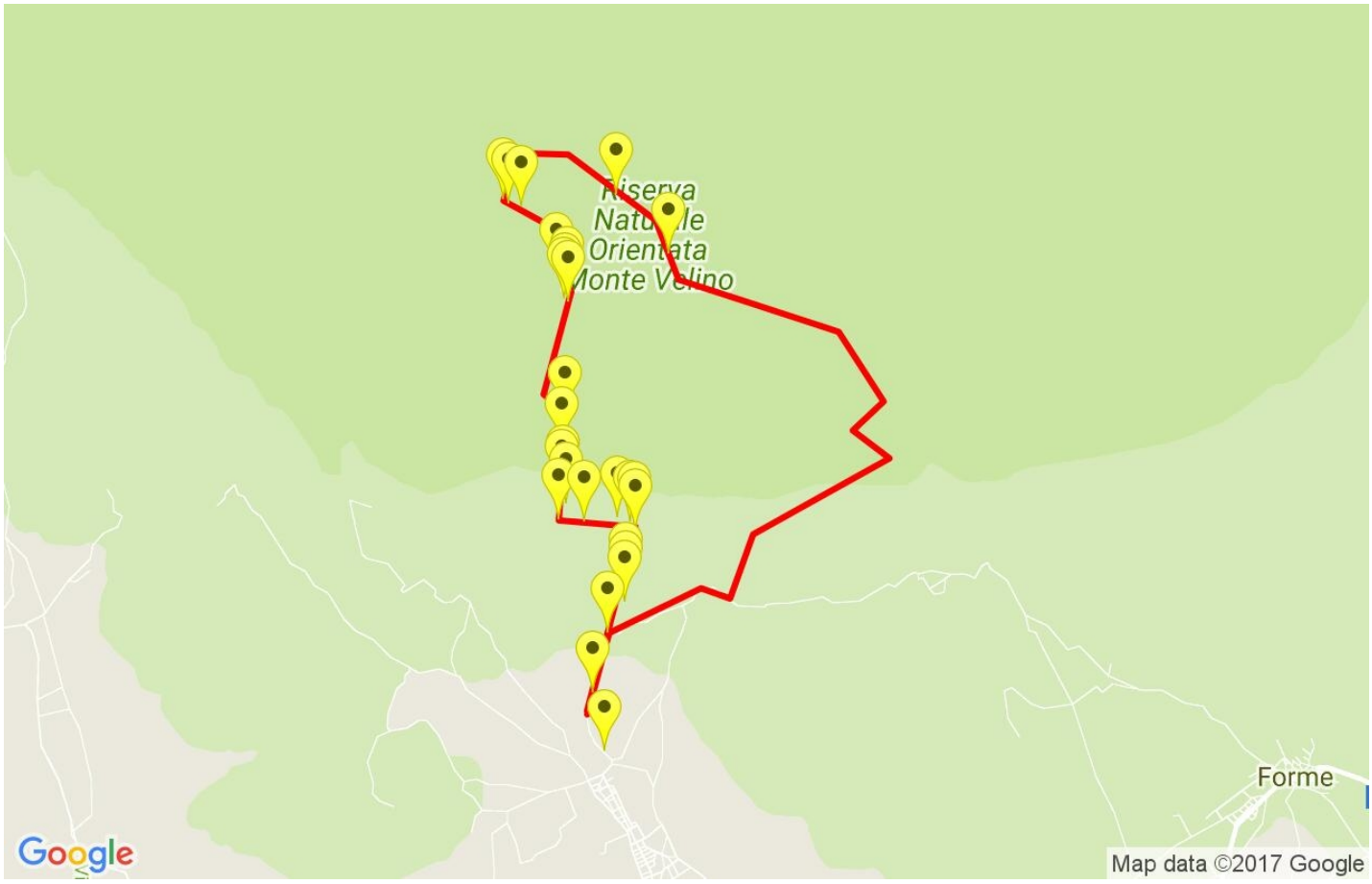
Summary of slopes

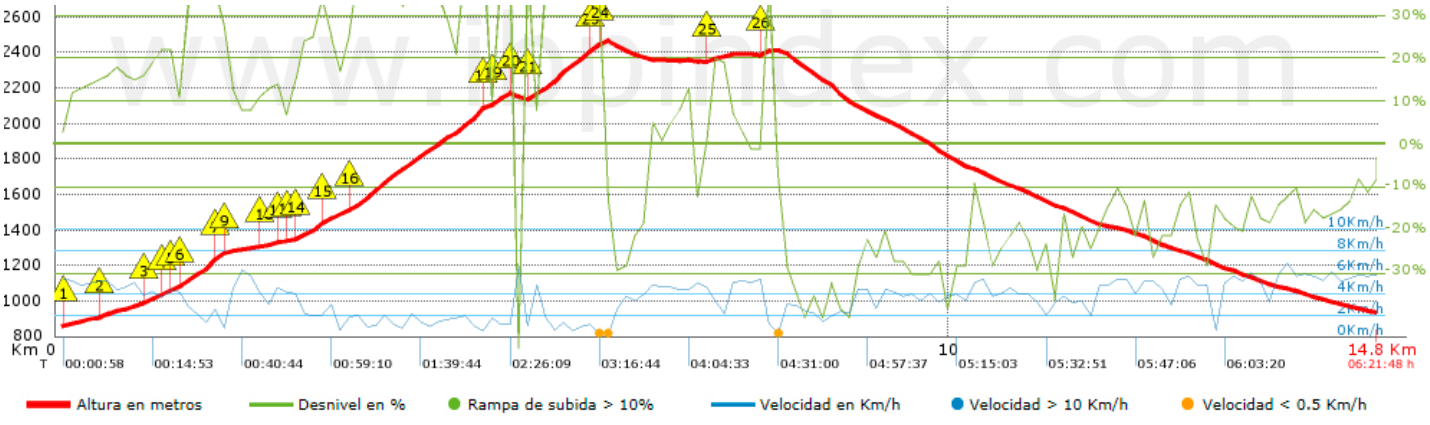


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.758	18.65	1.65	1:40:03
	Between 15 and 30%	2.001	13.53	2.85	0:42:10
	Between 10 and 15%	1.041	7.04	4.31	0:14:30
	Between 5 and 10%	0.563	3.81	4.31	0:07:50
	Between 1 and 5%	0.399	2.7	4.92	0:04:52
	Total :	6.761	45.72	2.39	2:49:25
	Plain				
	Difference of 1%	0.096	0.65	4.28	0:01:21
	Breakdown descents				
	Between 1 and 5%	0.261	1.77	4.4	0:03:34
	Between 5 and 10%	0.58	3.92	4.59	0:07:35
	Between 10 and 15%	1.497	10.13	4.93	0:18:14
	Between 15 and 30%	4.304	29.1	3.77	1:08:31
	Between 30% and 55%	1.289	8.71	2.33	0:33:10
	Total :	7.931	53.63	3.63	2:11:04
	Total track :	14.79	100 %	2.94	5:01:50

Copyright IBPindexTeam © 2012. All Rights Reserved

Track: 2017-08-05 Monte Velino via Direttissima	**IBP = 171 HKG**
These speeds are average for = HKG	
IBP index reliability= A	





Copyright IBPindexTeam © 2012. All Rights Reserved

Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
 1	0.07	12 %	447 m
 2	0.517	16 %	433 m
 3	0.95	21 %	264 m
 4	1.214	26 %	64 m
 5	1.278	23 %	92 m
 6	1.37	38 %	441 m
 7	1.811	32 %	66 m
 8	1.907	13 %	97 m
 9	2.232	11 %	199 m
 10	2.663	20 %	33 m
 11	2.697	29 %	284 m
 12	2.981	25 %	259 m
 13	3.24	37 %	1508 m
 14	4.747	47 %	42 m
 15	4.789	23 %	101 m
 16	4.89	32 %	137 m
 17	5.027	47 %	32 m
 18	5.247	40 %	674 m
 19	5.921	32 %	97 m
 20	6.018	37 %	90 m
 21	6.108	47 %	31 m
 22	7.304	18 %	160 m
 23	7.882	22 %	122 m

Copyright IBPindexTeam © 2012. All Rights Reserved

High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	2946.187	19.92	1:02:52	2.81	0:53:55	1:56:47	1.51
2000	1783.74	12.06	0:53:09	2.01	0:10:34	1:03:43	1.68
1750	1584.936	10.72	0:43:35	2.18		0:43:35	2.18
1500	1815.354	12.28	0:42:28	2.56	0:06:18	0:48:46	2.23
Total :	8.13 Km	54.98 %	3:22:04 h	2.41 Km/h	1:10:47 h	4:32:51 h	1.79 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
1.779	0:02:31	1231	0:33:21	0:33:21	1.779
3.145	0:03:08	1482	1:00:22	0:27:01	1.365
3.821	0:06:18	1723	1:27:06	0:26:44	0.676
4.659	0:07:22	2024	2:04:13	0:37:07	0.838
5.522	0:03:12	2218	2:42:22	0:38:09	0.863
5.676	0:03:28	2288	2:50:35	0:08:13 < 10´	0.154
6.048	0:39:30 > 10´	2430	3:07:58	0:17:23	0.373
7.976	0:10:57 > 10´	2406	4:19:26	1:11:28	1.927
12.882	0:03:32	1221	5:57:39	1:38:13	4.907
Total :	1:19:58 h				

Copyright IBPindexTeam © 2012. All Rights Reserved